

# Food Preparation & Nutrition Revision Guide



## Qualification details

### **AQA GCSE Food Preparation & Nutrition**

**1 Written Exam – 50% of the GCSE (1 hour 45 minutes)**

**NEA 1 – Food Science Investigation, Written Report 1500-2000 words. 15% of the GCSE**

**NEA 2 – Food Preparation, Electronic Portfolio with Photographic evidence of 3 final exam dishes. 35% of the GCSE**

### **Useful websites**

GCSE Bitesize – Home economics, Food and nutrition

<https://www.bbc.co.uk/bitesize/subjects/zdn9jhw>

SENECA

<https://www.senecalearning.com>

AQA Food videos: You tube

<https://www.youtube.com/watch?v=flxmB8NKMzE>

Food a fact of life

<https://www.foodafactoflife.org.uk/14-16-years/>



### **Useful Revision Books**

- Collins – AQA GCSE revision Food Preparation and Nutrition
- Eduqas – Illuminite GCSE Food Preparation and Nutrition

### **Design & Technology department top tips for Revision**

- Start revising and making flash cards in Year 10 as we cover the theory content of the course as Year 11 is NEA1 and 2
- Complete practice papers available on the AQA website
- Learn all key words and definitions
- Make full use of SENECA as a revision tool