



# Why study Physical Education?



**Blessed Robert Sutton Catholic Voluntary Academy**

Academic excellence, spiritual development and social awareness through Christ



# Two pathways options

- GCSE PE
- The GCSE PE course has theory and practical elements. The theory is worth 60% and this consists of the following:
  - Exam 1: Anatomy and Physiology, Movement Analysis, Training and Data
  - Exam 2: Health and Fitness, Psychology of Sport, Socio-Cultural Issues
- The final 40% comprises of practical and coursework. You will be assessed in three practical activities.



- BTEC TECH
- The BTEC has both coursework and exam elements
- Unit 1- Understanding the Body and Technology in Sport (Coursework 30%)
- Unit 2 –Training, Nutrition and Psychology of Sport (Exam 40%)
- Unit 3- Applying the principles of sport (Coursework 30%)



# GCSE Physical Education

## ED EXCEL

The GCSE PE course has theory and practical elements. The theory is worth 60% and this consists of a variety of topics such as training programs, improving physical fitness, drugs in sport, psychology of sport and anatomy and physiology.

The PE department have experienced members of staff and the previous groups have consistently achieved above local area and national average grades.

### Practical Activities Offered

- Table Tennis
- Rugby
- Basketball
- Trampolining
- Badminton
- Cricket
- Athletics
- Netball
- Rounders
- Football

Other sports that students can take part in outside of school can include Horse Riding and Swimming.

You will be assessed in three sports, one team one individual and one other (either team or individual). This is worth 30%

The final 10% is a fitness based coursework element.



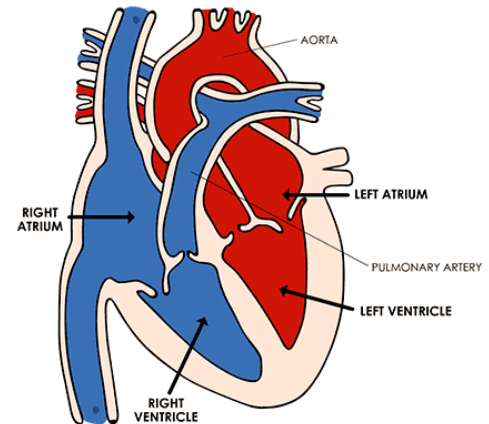




# BTEC TECH in Sport and Fitness

## (EDEXCEL)

The BTEC option has coursework (60%) and an Exam element (40%). You will learn topics such as how the body systems work, Technology in sport, injury in sport and what makes a good leader. You are not practically assessed however the theory lessons have some practical based teaching.



You will be required to produce coursework based on

- presentations
- essays
- coaching sessions
- booklets





# How will I be assessed?

BTEC TECH

60% Coursework

40% Exam in January  
year 11

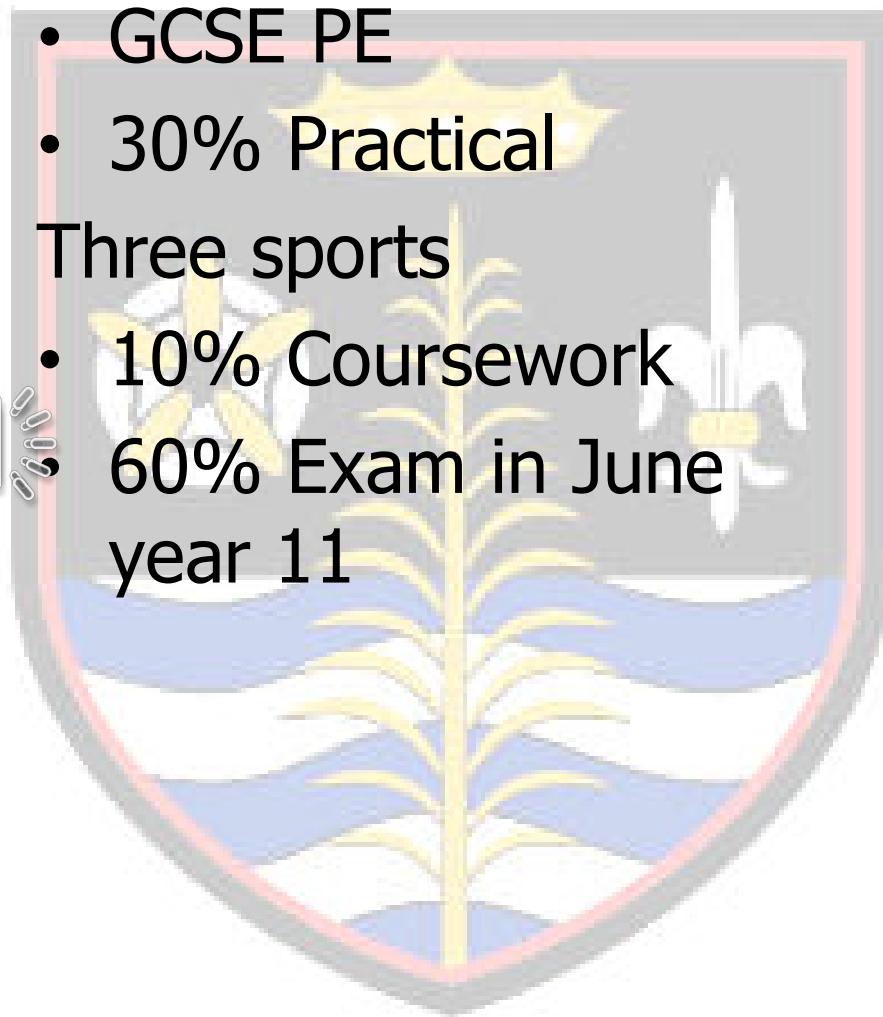
- GCSE PE

- 30% Practical

Three sports

- 10% Coursework

- 60% Exam in June  
year 11





# Enrichment and Extra Curricular



- University visits
- Extra curricular competition
- Inter-form competition
- Regular local and county fixtures
- Leadership opportunities







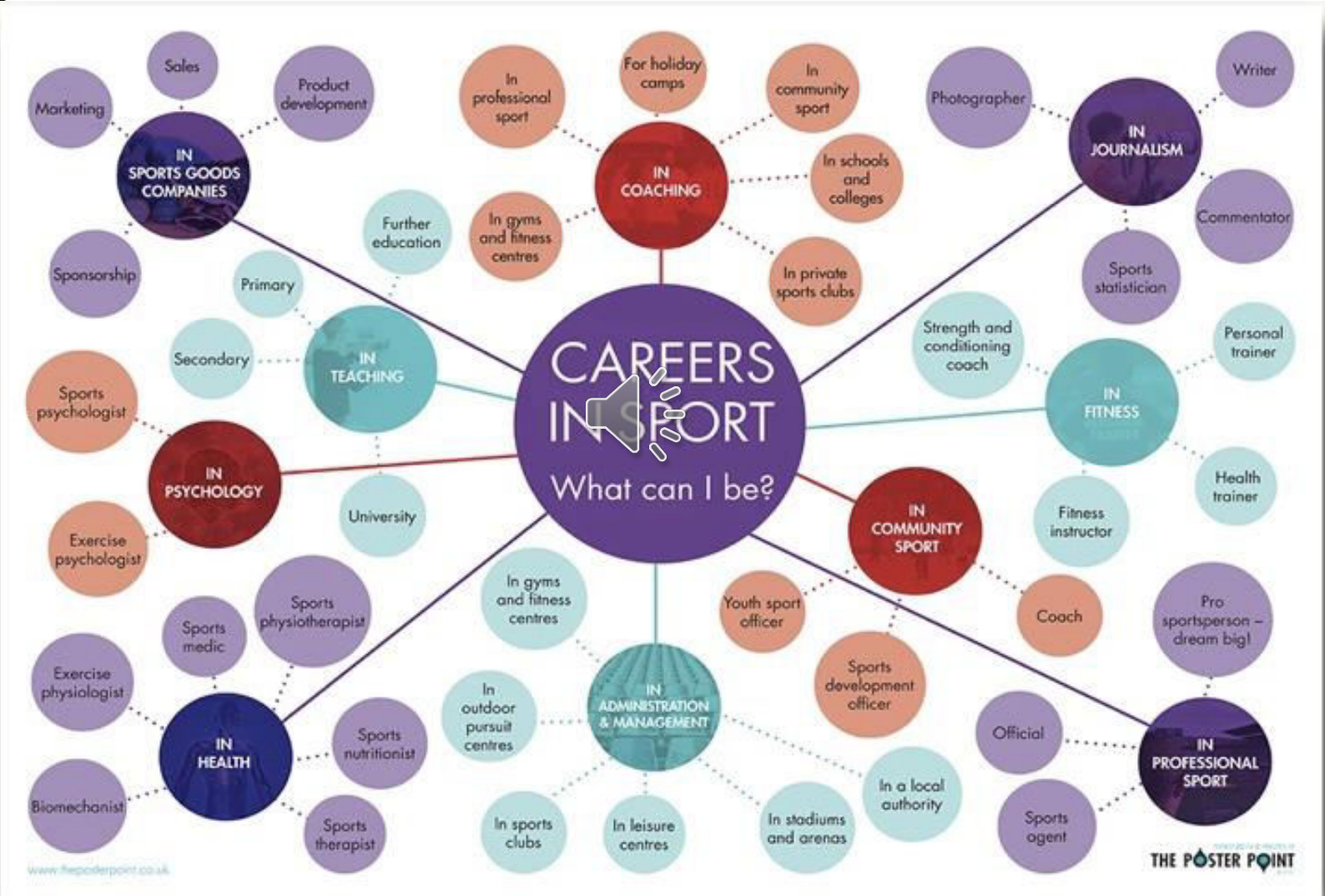
# Remote Learning

- Lessons on FireFly
  - Quizzes
  - Videos
- Physical Education in the News
  - Knowledge Organisers





# Where can Physical Education take me?



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