



Summer time safeguarding

Summer time, and particularly the summer holidays, can be full of hazards and risks to manage. We know that during this summer holiday pupil will continue to be restricted by the Covid pandemic. Below we have produced a roundup of resources that maybe helpful during this time.

What should I do if I think a child is at risk of significant harm?

Contact Staffordshire County Council's First Response Service:

Phone: 0800 1313 126

Open: Monday - Thursday 8:30am - 5:00pm
Friday 8:30am - 4:30pm

Emergency Duty Service:

(Out of Hours Service)

Telephone: 0345 604 2886

Mobile: 07815 492613

Staffordshire Police:

In an emergency always call 999

Golden rules to safe Internet Browsing:

ICT is an everyday part of people's lives and schools are making increasing use of new technology.

- Children should ideally only add on social media sites people they know and trust in real life.
- Some predatory paedophiles can convincingly pose as another teenager and may spend months or years 'grooming' the victim until they meet face to face.
- Children must always be accompanied by an adult if meeting an online friend in person.
- Don't ban children from these sites; they will just use them at friend's houses or on their phone, personal media player or hand-held games console.
- Take an interest and suggest they add you as a friend so you can keep an eye on them when they first join.
- Have the main computer in a communal area of the home where there is passive supervision and be reasonable about time online. Talk if you feel it's getting out of hand (but remember how many hours you spent watching TV when you were their age – the internet is at least active not passive and they can learn a lot from it.
- If they have a wireless laptop and you want to stop them going online after a quota of hours is up, unplug the 'router' where the phone line comes into the house.



What to look for on a website:

- The CEOP report button is the online equivalent of dialling 999.
- We need to train young people, just like we do with 999, to recognise it and know how to use it if they need to.
- Look out for good websites that have the button built in.
- Some websites refuse to add the button, so visit direct: www.ceop.police.uk

Online bullying/Cyber Bullying:

- Cyber bullying is the use of the Internet and related technologies to harm other people, in a deliberate, repeated, and hostile manner.
- Children can be unkind to each other online. Bullying is not new but the technology has changed making it is easier to track and prove who is responsible.
- If you suspect your child is having a problem, the evidence will be on your computer. If you can print off copies of messages and screen shots of web postings (ctrl + prnt scrn).

Want to find out more about understanding and stopping Cyber bullying?

- Visit the CEOP channel on YouTube.
- Put this website in your favourites: <https://www.thinkuknow.co.uk/> and make sure every member of the family spends time familiarising themselves with the area aimed at them.

Other useful websites:

- <http://kidshealth.org/parent/positive/talk/cyberbullying.html>
- <http://www.childline.org.uk/explore/bullying/pages/cyberbullying.aspx>
- <http://www.cyberbullying.org/>

THE MENTAL HEALTH SUPPORT TEAM IN SCHOOLS IS OPEN

If your child is experiencing low mood or low level anxiety, we may be able to help. Call us on:

01283 504487*
9am - 5pm (Monday to Thursday)
21st July - 27th August

Leave your name and number and one of our practitioners will give you a call back to see what support we can offer.

We can help with:
-Low mood
-Anxiety
-Sleep issues
-Worry
-Panic

NHS
Follow us on @BurtonHawMHST mhl.nhs.uk

*Please note that this contact number is not to be used in an emergency.

COMMUNITY FIRST

Do you feel like you have been impacted by COVID-19?

If you live in South Staffordshire and feel like your mental health and wellbeing has been affected by the pandemic, we are here to support you.

YES5 will be offering a mixture of 1:1 support, group sessions and online support via our social media platforms.

FOR SUPPORT, CALL US
01889567756
07907360238

WWW.YES5.UK
YOUR EMOTIONAL SUPPORT SERVICE - YES5
@YOUREMOTIONALSUPPORTSERVICE
@EMOTIONAL_YOUR

YES5

Bereavement Support

Do you feel like you're struggling to come to terms with a loss? Do you want support to process some of your feelings around grief?

We are offering both one-to-one and group support for adults and children & young people in South Staffordshire.

TO SPEAK TO A MEMBER OF OUR TEAM, CALL 01889 567756

WWW.YES5.UK
YOUR EMOTIONAL SUPPORT SERVICE - YES5
@YOUREMOTIONALSUPPORTSERVICE
@EMOTIONAL_YOUR



Blessed Robert Sutton Catholic Voluntary Academy
Bluestone Lane, Stapenhill, Burton-On-Trent, DE15 9SD
office@robertsutton.staffs.sch.uk
Company Number 7937154



St Ralph Sherwin
Catholic Multi Academy Trust



Food Banks

Burton:

- YMCA Burton Reconnect– 01283 547211
- Salvation Army Community Food Bank Burton on Trent UK –
Facebook <tel:01283517116> burton.on.trent@salvationarmy.org.uk
- Burton Hope – Facebook Only (Not just Burton)

Swadlincote

- CVS - 07458 305314 projectsupport@sdcvts.org.uk

Ashby De la Zouch

- 07542 118878 info@ashbyfoodbank.org.uk

Information and support for the summer holidays:

Name of Organisation	Location	Dates/Times	Contact Information
Winston Wish	Online/Telephone	Monday-Friday 9-5pm	08088 020 021 https://www.winstonswish.org/
Cruse	Online/Telephone	Monday and Friday 9.30am-5pm Tuesday, Wednesday and Thursday 9.30am-8pm.	01283 533362 Burton@cruse.org.uk
CACH: Communities against crimes of hate	Online/telephone	24/7	07971 497988 https://www.cachpartnership.org.uk/
Childline	Online/ free telephone	24/7	0800 1111 www.childline.org.uk
Young Minds	Online/ free telephone	24/7	0808 802 5544 www.youngminds.org
Samaritans	Online	24/7	116 123 www.samaritans.org.uk
NSPCC	Online/free telephone	24/7	0800 800500 https://www.nspcc.org.uk/
Frank	Online/free Telephone	24/7	0300 123 6600 www.talktofrank.com

We are looking forward to welcoming your child at Blessed Robert Sutton on Wednesday 2nd September (Year 7), Thursday 3rd (Year 7, 8 and 10) and Friday 4th (all year groups) at 8.25 am for the new academic year.

Over the holidays if you have any last minute questions or concerns, please email:

office@robertsutton.staffs.sch.uk



Blessed Robert Sutton Catholic Voluntary Academy
Bluestone Lane, Stapenhill, Burton-On-Trent, DE15 9SD
office@robertsutton.staffs.sch.uk
Company Number 7937154



**St Ralph
Sherwin**
Catholic Multi Academy Trust