



The BRS Happy Newspaper



What have our students achieved so far this academic year?

ENRICHMENT

Students have started to engage with the wide range of extra-curricular activities that are on offer. These activities include;

- Trampolining
 - Green fingers club
 - Chess Club
 - Duke of Edinburgh Award
-and many more!



ALLOTMENT



Our school garden is thriving, with three pumpkins being prepared ready to carve and make pumpkin soup!

SUCCESS

Every Friday we have been recognising the success of our brilliant students at Blessed Robert Sutton. We have celebrated those students who have demonstrated social, academic and spiritual excellence.

LEADERSHIP

Students have begun to think about their futures as leaders and have signed up for the Student Leadership Pathways Programme. Students have started to consider their applications to become ambassadors, such as:

- Student Council
- Pupil Parliament
- Prefects
- Faith in Action
- Sports Ambassadors
- Literacy Leaders

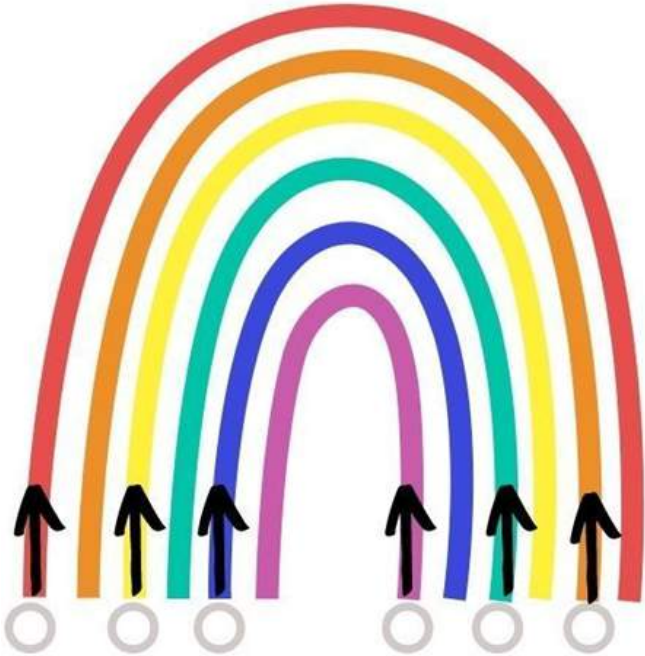
BUDDY & HUGO

Buddy and Hugo have had an excellent start. Since returning, a number of students have been working with Buddy and Hugo in their Tricks and Treats sessions as part of the Dog Mentor Programme.





Deep Breathing EXERCISE



Place your finger on a white dot. Trace the arrow and take a deep breath in. Pause at the end of the color. Trace the next arrow and breathe out. Continue around the image several times.

WELLBEING BINGO

 EXERCISE	 SEND A THANK YOU NOTE	 ENJOY THE OUTDOORS
 MAKE YOUR BED	 CALL A FRIEND	 READ A BOOK
 WATCH A MOVIE	 SPEND TIME WITH YOUR FAMILY	 HAVE A DANCE!

