

Blessed Robert Sutton Catholic Voluntary Academy



# **BRS** Newsletter

## Love - Respect - Hope - Kindness - Resilience

#### April 2022

### Headteacher's Introduction



On behalf of everyone at Robert Sutton I would like to wish all families a very Happy Easter. It seems hard to believe that we have reached the final week of

the Spring term and are nearly two thirds of the way through the academic year. I would like to thank families for their ongoing support for the school. By working together as a school community we have been able to ensure that students have had the best possible experience in school. Please find below details of local services -taking place over Easter:

HOLY WEEK TIMETABLE				
Holy Week	St Joseph's	St Peter & St Paul	Our Lady of Lourdes	
	Winshill	Swadlincote	Mickleover	
Maundy Thursday 14 <sup>th</sup> April	7.30pm	7.30pm	9.30am (AM prayer) 7.00pm	
Good Friday 15 <sup>th</sup> April	3.00pm 6.00pm Stations 7.30pm (Polish)	3.00pm	9.30am (AM prayer) 11.15am Walk of Witness 3.00pm 7.00pm (The Way of the Cross)	
Holy Saturday	8.00 pm	8.00pm	9.30am (AM prayer)	
16 <sup>th</sup> April	9.45pm (Polish)		8.15pm	
Easter Sunday	9.00 am	11.00am	8.00am	
17 <sup>th</sup> April	11am (Polish)		10.00am	

## Latest Covid Guidance

For the latest Covid guidance, please visit the <u>Government website</u>

### **Subject Progress Reports**

This week you will have received your child's second Subject Progress Report. For pupils at Key Stage 3 we have included in our documents to home details of how your son/daughter has been assessed -

specifically we focus on your child's learning to see if they as knowing more and remembering more of the taught curriculum.

03.05.22	Y8 HPV Vaccinations		
26.05.22	Ascension of the Lord Mass		
01.07.22	Y11 Prom		
06&07.07.22	Y10 Geography Field Trips		
19.07.22	Whole School Mass		
20.07.22	Sports Day		
21.07.22	Last Day of Term		

**Upcoming Events** 

### Homework

We value the importance of our students completing homework, as research has shown it can add five months of additional progress over five years of secondary school. We have high expectations of our students' work ethic and we have designed our homework system thoughtfully, setting up all our students to succeed. At Blessed Robert Sutton, from Year 7 onwards, homework is set regularly via Firefly. Homework complements your child's learning. All homework set will never be new knowledge, it will consolidate the learning that has taken place in the lesson, so that every child can access and complete the work set. Homework also comes in the form of revision and self-quizzing for all students across subjects. To find out how you can help support your child in completing their homework, please visit: Homework

#### Midland Classic — Bus Fares (Single Fares)

From 11th April 2022 the following fares are revised:

- Route 801 £1.70
- Routes 19/19/19C/21 £2.60 from Measham £2.40 from Newhall/ Swadlincote/Overseal & Netherseal





#### Character

This half term all year groups have been studying health and well-being as part of the Character Curriculum.

Year 7 have been learning about heathy routines, including puberty.

Year 8 have been looking at emotional well-being.

Year 9 have been studying what makes for a healthy lifestyle.

Year 10 have been exploring positive and negative influences and Year 11 have been looking at staying responsible in independent situations.

The Character lessons have been designed to help students build the knowledge and skills to understand how they are developing physically, personally and socially and to help them to deal with issues faced in the wider world.

Year 10 have also had a visit from Burton College this half term, who shared their different pathways and courses on offer Post-16. After Easter they will also benefit from a visit from the RAF who will share their education and career opportunities.

#### Subject Focus—Apps in Lessons



CENTURY

**English & Science** 







#### GCSE Art students

The Art Department would like to congratulate all the GCSE Art students on their hard work and resilience in preparing for and sitting their 10 hour Art exam. The work produced was so creative, personal and of such a high quality.

In preparation for this exam, the students have explored a wide range of personal focuses, producing sketchbooks of preparatory work, and really developing and stretching their skills. We are so proud of all you have achieved.





### Messages from our Year Leaders

#### Message from Head of Year 7

It has been another amazing term for our fabulous Year 7. Their behaviour in lessons is exemplary. Also, their participation in after school clubs during lunchtime and after school is something we are very proud of. We had a fantastic Achievement Assembly—it was wonderful to see so many Year 7 students being recognised for their hard work. We wish them a well deserved Easter holiday and look forward to seeing them rested and refreshed for the summer term.

#### Message from Head of Year 8



It has been a really busy term and I know many of our children will be looking forward to a well earnt break and some quality time with their families. A massive well done to Sonnie Mercer, Max Wilczarski, Ashton Zahra-Ali and Kinga Lachacz who did a brilliant performance of Friday Night Dinner in the final Achievement Assembly. A massive well done to Adam who has come back and had a really successful term—you are well loved Adam and we are delighted you have been able to join us. Next term we wish Evangelene luck, as she will be sitting her Further Maths exam, generally designed for the top mathematicians in the country in Year 11. It is certainly true that we have some very talented pupils at BRS. Have a great break everyone.

#### Message from Head of Year 9



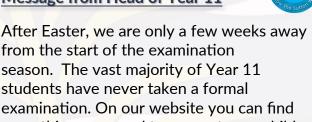
Well done for a fabulous term Year 9! As always I am extremely proud of you and so grateful for such amazing pupils in my year. Have a restful Easter. Make sure you catch up with friends and family and eat lots of chocolate. As ever, if you need anything during the Easter half term, please email me. Happy Easter

#### Message from Head of Year 10



As we draw to an end of another term, Year 10 have continued to work relentlessly in their GCSEs. Whilst maintaining a high standard of work some of our Year 10 students recently took part in a handball tournament, competing against several different schools, these students showed resilience and good sportsmanship throughout. This resilience continued with Year 10 taking part in an inter-form competition where each form competed against one another in sports such as badminton and rugby. As year 10 continue to progress, and will soon be the new Year 11s, they need to be focusing on their homework and ensuring that it is of the highest standard. Their homework consolidates learning in lessons and is imperative for their continuing progress. I hope that all of Year 10 and their families have a lovely rest over the easter break and come back refreshed ready for the summer term.

#### Message from Head of Year 11



everything you need to support your child: <u>Examinations - Blessed Robert Sutton</u> <u>Catholic Voluntary Academy - Burton upon</u> <u>Trent (srscmat.co.uk)</u>

This web page offers advice on how to prepare for examinations, both mentally and physically. It also explains the special arrangements for the 2022 series of examinations. If you are a parent or carer, it looks at ways that you can help your son/ daughter through this stressful period. It also offers videos from your child's subject teachers.



What a term Year 11! You are now on the final stretch regarding your academic journey here at Robert Sutton. During the Easter holidays, please ensure you take some time to reflect on the successes of this term, such as your mock exam results. You must also ensure that you take some time to relax and get ready for next term, as the next term is going to be a very busy one. You are all amazing young people and I have no doubt that next term will be a success too. See you all in two weeks !! Don't eat too many Easter Eggs! Best wishes.

#### Vacancies

We are seeking to appoint new Exam Invigilators to join our hardworking team. Invigilators play a vital role in the running and administration of exams to allow all students to perform to the best of their ability. Successful candidates will assist the Examinations Officer in the smooth and efficient administration of tests, assessments and examinations, specifically student invigilation and related tasks.

### The Half Term Ahead

#### The Sutton Experience We have a fun and varied programme of over 40 extra-



curricular activities for students including sports clubs, musical and drama sessions, and other clubs such as chess, film and media and gardening! Please do talk to your child about the clubs on offer and if they haven't already - encourage them to give a club a go!

#### **Expectations and Standards**

As a school we pride ourselves on both our student's presentation and their behaviour. Over the last few weeks we have some students that are not presenting themselves in 'The Sutton Way'. So students are reminded that trainers and boots are not part of our school's uniform policy, nor are multiple earrings. Finally, following on from feedback received from the Parental Forum we are currently exploring the possibility of tailored shorts becoming part of a summer uniform. We will write to you to clarify the situation once we are able to do so.

## **Rewards and Recognition**

Following the successful launch of the BRS Golden Ticket awards being given out in lesson by teachers we have also introduced a Platinum ticket. Platinum tickets are given out by staff conducting Walkthru's (classroom observations) to worthy recipients. As with Golden tickets, Platinum tickets are the equivalent of an entry ticket to our halftermly big prize draw but carry the additional bonus of a treat afternoon with the headteacher that is held weekly during 'Feel Good Friday.' Incredibly 648 Golden tickets were awarded last term- so a big well done to all those that received one.

## Super Curriculum

At Blessed Robert Sutton Catholic Voluntary Academy, we strive for excellence in everything we do. For us, academic excellence is about answering the questions that you want answered. Then it is about asking new questions and finding new answers. It is about being independent in your learning and in your thinking. It is about deepening and extending your knowledge beyond the limits of the school curriculum. It is also, as Einstein tells us, a never-ending process. The staff at BRS have produced the Academic Excellence Programme – Super Curriculum to help you take your child to the next step towards academic excellence. We have recommended things to read, things to watch and listen to, places to visit, and things to do that we think will interest you and stretch your minds. Our Super Curriculum can be accessed by following the links below:

Key Stage 3 Super Curriculum Key Stage 4 Super Curriculum







#### Keeping Safe over Easter

What should I do if I think a child is at risk of significant harm?

Contact the Children's Safeguarding Teams where the child resides:

#### Staffordshire

Call Staffordshire County Council's First Response Service: Phone: 0300 111 8007 Monday – Thursday 8:30am – 5:00pm Friday 8:30am – 4:30pm Emergency Duty Service: (Out of Hours) Telephone: 0345 604 2886 Mobile: 07815 49261

#### Derbyshire

If you have an immediate concern that a child is suffering from or at risk of significant harm, please Telephone: 01629 533190.

#### Leicestershire

Telephone First Response Children's Duty Team if you have urgent concerns about a child who needs a social worker or police officer today: Telephone: 0116 305 0005 (24 hour phone line)

In an emergency, call: 999

#### **Children's Mental Health Support**

If you have any concerns regarding your child's mental health our school Firefly site has a range of emotional wellbeing activities to support low mood. If you feel further support is needed please see below for a list of useful numbers and websites:

#### Staffordshire Mental Health Helpline

A confidential emotional support helpline run by Brighter Futures, offering a safe place to talk if you're feeling worried, stressed or low, or if you're concerned about someone else. Call 0808 800 2234 Text 0786 002 2821, Email <u>staffordshire.helpline@brighter-</u> <u>futures.org.uk</u> or online chat at <u>www.brighter</u> <u>-futures.org.uk</u>.

#### Samaritans

A confidential crisis support helpline, 24 hours a day, 365 days a year. Call 116 123.

#### NHS 111

Talk to a trained nurse for help and support 24 hours a day, 7 days a week. Call 111.

#### Child and Adolescent Mental Health Services (CAMHS)

Support for young people experiencing emotional, behavioural or mental health difficulties: South Staffordshire (covers Stafford, Stone, Rugeley, Cannock, South Staffs, Lichfield, Burton, Uttoxeter, Tamworth): call 0808 196 3002.

#### Mind Burton

**C**ounselling, support groups and advice. 01283 566 696 email info@burtonmind.co.uk

#### Food Banks

#### Burton

YMCA Burton Reconnect- 01283 547211

Salvation Army Community Food Bank Burton on Trent UK – Facebook tel:01283517116 burton.on.trent@salvationarmy.org.uk

Burton Hope – Facebook Only (Not just Burton)

Swadlincote · CVS - 07458 305314 projectsupport@sdcvs.org.uk

Ashby De la Zouch · 07542 118878 info@ashbyfoodbank.org.uk





## Wellbeing at BRS

At BRS we believe the wellbeing of pupils is essential to ensuring they are able to access the curriculum to its fullest. We have a three levelled wellbeing approach which all pupils have access to within their time at BRS.

Level One Universal Support

Internal Referral

Level Two

Level Three External

Referral

Universal support is what all pupils will receive, this includes:

WELLBEING

Wellbeing check in once a term by the admin and support team, who have been trained to support with wellbeing

Wellbeing Wednesday form time activities

Two form times to ensure support is offered at the start and end of the day

Books for the Tutor time reading programme which look at key themes linked to wellbeing.

Drop in services available at the wellbeing and behaviour hubs

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Programme of extra curricular activities in the wellbeing hub. Where pupils are identified as needing additional support they will be referred internally for one or more of the following:

One to one mentoring with year leader, teaching assistant or support member of staff using a range of different resources

Group mentoring

St Catherine's Girls mentoring

Dog mentoring

Step down service from external providers including MHST

Practical activity mentoring -Gardening, DT, Drumming etc

Buddy system mentoring

(📞) 01283 749450

There will be time when pupils need more specialised support, this is where we will refer externally to one or more of the following:

MHST - If a child needs further support following the 1:1 low level CBT then a referral will be made to the MHST.

Action for Children - Level 2 Mental Health Support

CAMHS -Top tier mental health service for children & adolescents

**Burton Youth for Christ** 

Burton Albion Community Trust Mentoring & Wellbeing support, not just football. Community outreach support

Mediation: YMCA Individualised and family mediation to develop relationships and help to develop strategies to overcome family break down.

Catch 22 Individualised support to combat online safety issues, grooming and links to criminal exploitation.

Teen spirit Offer group and 1:1 session to pupils linked to wellbeing, friendship and individual emotion health.

First Steps Provider of support for pupils with eating disorders/disordered eating.

Malachi - Provider of support within the home – can relate to behaviour, boundaries, attendance etc.

Safe & Sound Similar to catch 22, offers individualised support with remaining safe online & support with CSE and CCE risks.

www. www.robertsutton.srscmat.co.uk

St Ralph

Sherwin