





KS3 Curriculum Intent for Physical Education at Blessed Robert Sutton Catholic Voluntary Academy

	<p style="text-align: center;"><u>Overall Aim of subject</u></p> <ul style="list-style-type: none"> • Ambition for all students • Lessons are coherently planned and sequenced • The curriculum is adapted successfully for SEND and PP students • We offer a broad and balanced curriculum for all <p>At Robert Sutton we aim through the PE department to:</p> <ul style="list-style-type: none"> • Positively develop the physical, mental and social wellbeing of all students • Promote lifelong enjoyment and participation in physical activity through a balanced curricular and extra-curricular programme • Ensure students are confident to learn new skills by revisiting prior learning and linking this to current learning • Provide challenge through a broad curriculum with a wide range of sporting activities to encourage all students to engage from the start of Year 7 • Treat every child as an individual
	<p>Physical Education will teach spiritual development by students participating fully within PE, being role models within curricular and extra-curricular activities and teaching each other to respect the views of others.</p>
	<p>Physical Education will teach social excellence through consistent correct uniform, being attentive in all lessons and using your initiative to overcome barriers.</p>
	<p>Physical Education will teach academic excellence by ensuring students are resilient learners, are respectful to others and take an active part in lesson.</p>
<p>Enrichment opportunities in this subject include:</p> <p>Sport Clubs - Enrich students education to develop their sporting ability Sports Fixtures - Experience playing sport at different schools, going out of the area, competing on a district stage, signposting to clubs Sporting etiquette - Taught through each sport. How we present, start and finish competitions. Dance - Developing appreciation of dance from other countries. Research in to cultural diversity G&T - Workshop for netball. Run by Jade Clarke (England Netball) PE lessons - Developing appreciation of dance from other countries. Research in to cultural diversity Aspirational Trip to Derby University - Visiting sports science Labs OAA visit for year 7 students to Mount Cook</p>	

Key Stage 3 Course description

Year 7

The physical education curriculum is driven by the basis of enjoyment, progress and developing a lifelong engagement of sport for all students. We aim to ensure they all have a positive and meaningful experience. Students will initially be assessed, to ensure we connect to students prior learning, then will focus on developing core skills, through a variety of activities. In year 7 they will be taught and assessed under a skills-based approach, however within the lessons the learning will be supported by focus areas such as personal development, health and well-being and leadership skills. In terms of skills-based content students will have a personalised curriculum. All students will cover Dance, Trampolining, Netball (girls), Football, Rugby, Badminton, athletics, Rounders, Cricket and Handball. All students will develop their outdoor and adventurous activity module by attending a residential activity at Mount Cook.

Year 8

In year 8 the curriculum is planned to ensure the students build on the on the core skills, developing quality, selection and application in both a competitive and non-competitive environment. They are taught as a skills based model however within the lessons the learning will ensure concepts such as persistence, learning from mistakes, positive mindset and self-confidence. All students will cover Dance, Trampolining, Netball (girls), Football, Rugby, Badminton, athletics, Rounders, Cricket and Handball. Students will get the opportunity to attend an aspirational setting such as a netball Loughborough Lightning match held at the University.

Year 9

In year 9 students develop skills further by selecting and applying their applications in various scenarios, as well as establishing links with more advanced skills. Students are given the opportunity to transfer learning from previous experiences and develop this further. The curriculum is further personalised to ensure all students are engaged and motivated to learn. Within year 9 students will be assessed as a skill based approach however learning will be embedded through the programme focusing on concepts such as mental health.

Core PE Assessment

Students are assessed throughout their learning journey through personal learning checklists, which are shared with the pupils each lesson. Students are taught the basic skills in each sport in Year 7, in Year 8 and 9 these skill are built upon through a progressively more challenging schemes of work where they are taught more tactic and then advanced skills. Student's highest individual, team and then the next best score (individual or game) contribute to their final grade.

Ways to help my child succeed

Students should be encouraged to take part regularly in sport and exercise outside of school.

Useful websites

<https://sportacrossstaffordshire.co.uk/>

<http://www.eaststaffsbc.gov.uk/sports-development/sports-clubs>