

## KS4 Curriculum Intent for Physical Education at Blessed Robert Sutton Catholic Voluntary Academy

### Overall Aim of subject

- Ambition for all students
- Lessons are coherently planned and sequenced
- The curriculum is adapted successfully for SEND and PP students
- We offer a broad and balanced curriculum for all

At Robert Sutton we aim through the PE department to:

- Positively develop the physical, mental and social wellbeing of all students
- Promote lifelong enjoyment and participation in physical activity through a balanced curricular and extra-curricular programme
- Ensure students are confident to learn new skills by revisiting prior learning and linking this to current learning
- Provide challenge through a broad curriculum with a wide range of sporting activities to encourage all students to engage from the start of Year 7
- Treat every child as an individual



Physical Education will teach spiritual development by students participating fully within PE, being role models within curricular and extra-curricular activities and teaching each other to respect the views of others.



Physical Education will teach social excellence through consistent correct uniform, being attentive in all lessons and using your initiative to overcome barriers.



Physical Education will teach academic excellence by ensuring students are resilient learners, are respectful to others and take an active part in lesson.

### **Enrichment opportunities in this subject include:**

Sport Clubs - Enrich students education to develop their sporting ability  
 Sports Fixtures - Experience playing sport at different schools, going out of the area, competing on a district stage, signposting to clubs  
 Sporting etiquette - Taught through each sport. How we present, start and finish competitions.  
 Dance - Developing appreciation of dance from other countries. Research in to cultural diversity  
 G&T - Workshop for netball. Run by Jade Clarke (England Netball)  
 PE lessons - Developing appreciation of dance from other countries. Research in to cultural diversity  
 Aspirational Trip to Derby University - Visiting sports science Labs  
 OAA visit for year 7 students to Mount Cook

### **Key Stage 4 Course description**

#### **Year 10**

Students can develop more advanced skills in isolation and under competitive pressure in authentic scenarios.

#### **Year 11**

Students can develop more advanced skills with more consistency, accuracy, control and frequency in competitive scenarios.

## Core PE Assessment

At KS4 students are challenged by being taught tactical awareness and development through more advanced skills. They may also be taught through a sport education model as students become more proficient and the students take on more of lead of the lesson while the teacher becomes the facilitator. In KS4 Core, students are scored on their Attitude learning in order to foster positive attitudes and encourage their lifelong participation in PE & sport.

## Ways to help my child succeed

Students should be encouraged to take part regularly in sport and exercise outside of school.

## Useful websites

<https://sportacrossstaffordshire.co.uk/>

<http://www.eaststaffsbc.gov.uk/sports-development/sports-clubs>

## GCSE Physical Education

A GCSE in Physical Education equips pupils with the knowledge, understanding, skills and values they need to develop and maintain their performance in physical activities. Pupils also gain an understanding of how physical activities benefit health, fitness and well-being.

The GCSE P.E. course has theory and practical elements.

The Theory Element is worth 60% and this consists of the following:

Theory Exam 1:

- Anatomy and Physiology
- Movement Analysis
- Training and Data

Theory Exam 2:

- Health and Fitness
- Psychology of Sport
- Socio-cultural issues in Sport and Fitness

The practical element is worth 40% and comprises of practical activities and coursework. Pupils will be assessed in three approved practical activities (sports.) Pupils can be assessed in activities inside and outside of school. Pupils must be willing participants in order to succeed in this element of the course (with attendance at extra-curricular clubs highly recommended). This element is referred to as the NEA (Non Examined Assessment).

## Exam board

Edexcel GCSE Physical Education

## Past papers

<https://robertsutton.fireflycloud.net/physical-education/ks4/gcse/practice-exam-papers>

## Assessments

In GCSE PE students are tested after each unit, known as knowledge curriculum tests. These assessments will test all of the knowledge and skills that the students have developed up to that point. Each assessment aims to cover questions from a range of difficulties, ensuring that students at different attainment levels can be distinguished between.

These assessments are colour coded.

Red – Historic weaknesses

Amber - Last topic

Green – Current topic

In the current situation the homework and marking policy is as follows

- Light touch marking in class books followed by whole class feedback sheets
- Homework is given once a week on firefly and individual feedback given
- Three summative assessments per year. These are as well as the end of unit tests.

### **Ways to help my child succeed**

Parents can help their children revise by ensuring students have a revision guide and a workbook.

### **Useful websites**

<https://robertsutton.fireflycloud.net/physical-education/ks4/gcse/revision-resources>