## Your menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
M A I N	Organic beef meatballs or Vegan meatballs Ve Served with pasta, Mediterranean sauce, homemade garlic dough balls, and vegetables.  Chocolate orange cookie Strawberry muffin Jam & coconut sponge	Chicken enchiladas or Quorn enchiladas V Served with potato wedges, homemade coleslaw, and crispy salad  Raisin oat cookie Chocolate crunch Cornflake tart	Roast gammon & stuffing or Crumb topped vegetable bake V Served with creamed potatoes, vegetables, and gravy  Shortbread slice Lemon muffin Summer fruit crumble	Chicken tikka masala or Tomato and chickpea curry Ve Served with rice, vegetables, and naan Cookie Banana flapjack Berry sponge	Battered fish or Quorn dippers Ve Served with chips, peas, and baked beans  Cornflake cookie Chocolate cracknel Rhubarb cobbler
GRAB&GO	Paninis Cheese V Cheese & ham Tuna melt Tikka chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Marinara pasta bowl Ve Sub Meatball sub	Paninis Cheese V Cheese & ham Tuna melt Sweet chilli chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Americana pasta bowl Ve Burrito Roasted Veg Burrito V	Paninis Cheese V Cheese & ham Tuna melt Piri piri chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Creamy tomato and spinach pasta bowl Ve Cob Roast of the day	Paninis Cheese V Cheese & ham Tuna melt Mediterranean chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Pomodoro pasta bowl Ve Other Quesadilla	Paninis Cheese V Tuna melt BBQ Quorn wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Macaroni cheese bowl V Sandwich Fish finger sandwich
B R E A K	Chilli baked egg with a tortilla V (Eggs baked in spicy tomato sauce)  Buttered toast Ve  Bacon cob  Buttered bagel Ve  Pizza crumpet V	Bacon with cream cheese bagel  Buttered toast Ve  Sausage cob  Buttered crumpet Ve  Pizza slice V	Brunch muffin V (Quorn sausage pattie & poached egg in a muffin)  Buttered toast Ve  Bacon cob  Buttered teacake Ve  Pitta pizza V	Cheese and bean toastie V  Buttered toast Ve  Bacon cob  Buttered bagel Ve  Pizza wrap V	Curry folded naan  Buttered toast Ve  Vegan sausage cob Ve  Croissant V  Pizza slice V

All main and Grab & Go menu options are part of the meal deal

Vegan meals are available on request

Fresh fruit & yoghurt available

daily

Ve = Vegan

V = Vegetarian

For information regarding allergens please speak with the school.

